

# September eNews

## Kidney Transplant Program

September 2020

### Making A Living Donor Kidney Transplant Happen

#### Presentation and Q & A Session via ZOOM



Patients who receive a living donor transplant are able to receive a healthy kidney much sooner than waiting on the transplant list! We strongly encourage our patients to share their story with family, friends and community in the hopes of finding a living donor, which not only provides them with a healthy kidney, but it also allows someone else to move up on the waitlist!

We invite you to join our transplant professionals to learn about how to find a living donor champion and make your *Living Donor Kidney Transplant Happen!*

Wednesday, September 30<sup>th</sup>  
Noon - 1:00 pm

[\*Click here to register and receive meeting info\*](#)



# KIDNEY WALK

## *Lace up*

The National Kidney Foundation (NKF), founded in 1950, is a lifeline for all people affected by kidney disease. As pioneers of scientific research and innovation, NKF focuses on the whole patient through the lens of kidney health.

Hosting local Kidney Walks represents an opportunity for NKF to unite as a community and demonstrate their shared commitment to the lives of kidney patients and their loved ones.

This year the NKF has transitioned to a virtual format, called *LaceUp*, which makes it possible walk in your neighborhood or a nearby park with your friends and family and tune in on virtual walk day for our opening ceremony via Zoom and Facebook Live!

**Sunday, October 25, 2020**

**Live Presentation: 10:00 am**

Go to [www.kidneywalk.org](http://www.kidneywalk.org) for more information

*Click here to join ChristianaCare S. DE Walk Team*

*Click here to join ChristianaCare Wilmington Walk Team*

## Kidney Transplant Prescription Line



Are you out of refills or has your prescription expired?  
Don't wait until you're completely out of medicine!

**Call 302-623-3830**

## Continue To Stay Safe

✓ *Please continue to STAY AT HOME as much as possible!*

- ✓ *Do NOT visit friends and family, especially anyone hospitalized!*
- ✓ *As a transplant patient, YOU ARE CONSIDERED HIGH-RISK FOR INFECTION, so please wear a mask when going out.*
- ✓ *WASH YOUR HANDS with soap & water as frequently as possible, after touching doorknobs, elevator buttons or handrails. USE hand sanitizer only if you are unable to wash your hands with soap and water.*
- ✓ *AVOID TOUCHING YOUR FACE AT ALL TIMES! This is how the virus enters your eyes, nose or mouth.*
- ✓ *STAY AT LEAST 6 FEET AWAY FROM OTHERS WHEN IN PUBLIC.*
- ✓ *BE SAFE AND CONTINUE TO PRACTICE SOCIAL DISTANCING!*

Share this link with a friend so that they can receive updates from our program!

<https://christianacare.org/services/kidneytransplant/aboutus/newsletter-sign-up/>



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