October eNews Kidney Transplant Program



October 2020

The Transplant Team Wishes Dr. Scantlebury Well

As She Enters the Next Chapter of Her Life...Retirement



"The time has finally come for me to retire from full time medical practice as a transplant surgeon.

I do so with mixed emotions and will miss my day to day clinical practice.

I want to thank all of you for allowing me to serve patients for the last 12 years. I will carry away fond memories and the love we shared together. Namaste."

#MyTimeIsNow

Making A Living Donor Kidney Transplant Happen

Presentation and Q & A Session via ZOOM



Patients who receive a living donor transplant are able to receive a healthy kidney much sooner than waiting on the transplant list! We strongly encourage our patients to share their story with family, friends and community in the hopes of finding a living donor, which not only provides them with a healthy kidney, but it also allows someone else to move up on the waitlist!

We invite you to join our transplant professionals to learn how to find a living donor champion and make your *Living Donor Kidney Transplant Happen*!

Thursday, October 29th Noon - 1:00 pm

Click here to register and receive meeting info

October is National Pharmacist Month

Meet Nadia Hellenga, PharmD, BCPS

Nadia is the Kidney Transplant Program's Clinical Pharmacist Specialist. She is here to work with our patients both PRE- and POST-transplant to ensure that they receive the proper medication to meet their specific needs and that they are educated on how to manage their pillboxes and prescription refills to make sure that they always have what they need to stay healthy and protect their kidneys.







The National Kidney Foundation (NKF), founded in 1950, is a lifeline for all people affected by kidney disease. This year the NKF has transitioned to a virtual format, called *LaceUp*, which makes it

possible walk in your neighborhood or a nearby park with your friends and family and tune in on virtual walk day for our opening ceremony via Zoom and Facebook Live!

Sunday, October 25, 2020 Live Presentation: 10:00 am

Go to www.kidneywalk.org for more information

Click here to join ChristianaCare S. DE Walk Team

Click here to join ChristianaCare Wilmington Walk Team

Post-Tx Patients ZOOM with Us: Prepare for the holidays...and beyond!

It's never too soon to think about how to survive the holidays & prepare for the new year!! We are all hoping for a better 2021. Join us as we discuss how to manage your time, money, food & stress this holiday season!



SAVE THE DATE
Wednesday, November 4th
3:00—4:00 pm

Share this link with a friend so that they can receive updates from our program! https://christianacare.org/services/kidneytransplant/aboutus/newsletter-sign-up/



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