

# May eNews

## Kidney Transplant Program

May 2020

Our team wishes the best to our valued patients, families, and colleagues during these trying times. We encourage you to be safe, stay healthy, get active, maintain dialysis treatments, continue preparing for transplant, and keep a positive mental attitude!

### Living Donor ZOOM Online Workshop

Living donor (LD) medical director, Dr. Peter Burke & LD coordinator, Aline Stant, RN will be hosting an interactive workshop filled with practical tips to help you or a loved one learn to how share your story and help you find a potential living kidney donor!

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Wednesday, May 20<sup>th</sup>

Noon - 1:00 pm

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*To RSVP and receive Zoom meeting ID please email Aline Stant at [astant@christianacare.org](mailto:astant@christianacare.org).*

### TELE...WHAT???

Our program is committed to remaining open! We are actively interacting with our patients, evaluating organ offers, and continuing to perform live-saving transplants when possible.

We are exploring how we can use Telehealth, healthcare delivered through a phone call or video call instead of an in-person visit, to provide continued patient care and to enhance the patient experience.

Here is what we are working on:

1. **TELEHEALTH QUESTIONNAIRE and CONSENT:** Our staff will be reaching out to you over the course of the next several weeks to discuss your willingness and ability to participate in Telehealth with our program in various ways.
2. **SECURE TEXTING (TWISTLE):** We are developing a way to provide clinical updates and reminders through a secure text format.
3. **ZOOM:** There may be opportunities for you to interact with and receive education from Kidney Transplant Program healthcare providers in a safe, secure video appointment.

## Kidney Transplant Prescription Line



Are you out of refills or has your prescription expired?  
Don't wait until you're completely out of medicine!

**Call 302-623-3830**

## Please Remember...

Any patient experiencing symptoms of COVID 19 (coronavirus) should contact their Primary Care Provider (PCP). If you do not have a PCP, contact Delaware's Division of Public Health at 1-866-408-1899.

**ONLY go to the emergency department if you are having difficulty breathing or another life-threatening emergency.**

**The best way for you to stay safe and healthy is to closely follow the CDC guidelines.**

- ✓ *Please continue to STAY AT HOME as much as possible!*
- ✓ *Do NOT visit friends and family, especially anyone hospitalized!*
- ✓ *As a transplant patient, YOU ARE CONSIDERED HIGH-RISK FOR INFECTION, so please wear a mask when going out.*
- ✓ *WASH YOUR HANDS with soap & water as frequently as possible, after touching doorknobs, elevator buttons or handrails. USE hand sanitizer only if you are unable to wash your hands with soap and water.*
- ✓ *AVOID TOUCHING YOUR FACE AT ALL TIMES! This is how the virus enters your eyes, nose or mouth.*
- ✓ *STAY AT LEAST 6 FEET AWAY FROM OTHERS WHEN IN PUBLIC.*
- ✓ *BE SAFE AND CONTINUE TO PRACTICE SOCIAL DISTANCING!*

**If you would like to receive an update about our program,  
please click on the below link...please share with others.**

<https://christianacare.org/services/kidneytransplant/aboutus/newsletter-sign-up/>

**To contact us: 302-623-3866**

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[christianacare.org/kidneytransplant](https://christianacare.org/kidneytransplant)



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