

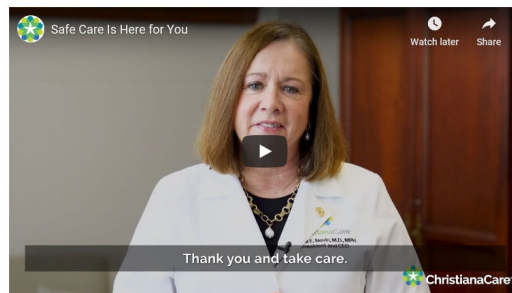
June eNews

Kidney Transplant Program

June 2020

Your Safety Is Our Priority

With the safety and well-being of our patients, caregivers and community in mind, we are gradually reopening our services with the following changes and enhancements:



- Virtual care options are available to meet a wide variety of your health care needs in the comfort of your own home. Talk to your doctor about virtual health care options that might be appropriate for you.
- We are taking steps to support physical distancing and ensure people can stay six feet apart or more. These may include special instructions when arriving for appointments, such as waiting in the car outside until you receive a call or text message that it's time to come in.
- We are limiting visitors at our facilities.
- Visitors to all ChristianaCare facilities must wear face masks. If you do not have your own mask, one will be provided upon entry.
- We have enhanced cleaning practices at all of our facilities to provide an extra layer of safety.

- Some non-urgent services and exams will continue to be postponed. Please call us or talk to your doctor to determine whether it is the right time for you to have a procedure or exam.
- Many services are operating with limited schedules and services. Please call ahead to check availability.



Post-Tx Patients Come ZOOM with Us: Keep Summer Fun Support Group

After a COVID 19 Spring of STAYING IN.....Keep Summer Fun, as a transplant family, learn safety tips... Molly Strayer, RD will present about summer food shopping and safety and with Eileen Edge, Tx Social Worker, talking about managing this summer, as we all continue to be safe, active and have fun. Wear your favorite mask to show off to others! Share your ideas, concerns and solutions that have worked for YOU.

Wednesday, June 10th

3:00—4:00 pm

*To RSVP and receive Zoom meeting ID please email Sharon Franceschini at
Sharon.franceschini@christianacare.org.*

Living Donor ZOOM Online Workshop We're Doing it Again...

Our first Living donor seminar was a success!! So we are going to do it monthly!
This month Dr. John Swanson, Transplant Surgeon will join Living Donor coordinator, Aline Stant, RN to host this interactive workshop filled with practical tips to help you or a loved one learn to how share your story and help you find a potential living kidney donor!

Wednesday, June 24th

Noon - 1:00 pm

*To RSVP and receive Zoom meeting ID please email Sharon Franceschini at
Sharon.franceschini@christianacare.org.*



Kidney Transplant Prescription Line

Are you out of refills or has your prescription expired?
Don't wait until you're completely out of medicine!

Call 302-623-3830

Stay Safe...

Please continue to follow the following safety guidelines even as the country and state begin to re-open!

Any patient experiencing symptoms of COVID 19 (coronavirus) should contact their Primary Care Provider (PCP). If you do not have a PCP, contact Delaware's Division of Public Health at 1-866-408-1899.

ONLY go to the emergency department if you are having difficulty breathing or another life-threatening emergency.

The best way for you to stay safe and healthy is to closely follow the State of Delaware and CDC guidelines.

- ✓ *Please continue to STAY AT HOME as much as possible!*
- ✓ *Do NOT visit friends and family, especially anyone hospitalized!*
- ✓ *As a transplant patient, YOU ARE CONSIDERED HIGH-RISK FOR INFECTION, so please wear a mask when going out.*
- ✓ *WASH YOUR HANDS with soap & water as frequently as possible, after touching doorknobs, elevator buttons or handrails. USE hand sanitizer only if you are unable to wash your hands with soap and water.*
- ✓ *AVOID TOUCHING YOUR FACE AT ALL TIMES! This is how the virus enters your eyes, nose or mouth.*
- ✓ *STAY AT LEAST 6 FEET AWAY FROM OTHERS WHEN IN PUBLIC.*
- ✓ *BE SAFE AND CONTINUE TO PRACTICE SOCIAL DISTANCING!*

If you would like to receive an update about our program,
please click on the below link...please share with others.

<https://christianacare.org/services/kidneytransplant/aboutus/newsletter-sign-up/>

To contact us: 302-623-3866

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christianacare.org/kidneytransplant



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