

August eNews

Kidney Transplant Program

August 2020

Post-Tx Patients ZOOM Support Group: Thanking Your Donor Family

The time may come when you wish to reach out to the family of your kidney donor.

Hear *Lara Moretti, Social Worker for Gift of Life Family Support Services*, discuss how you can express your thanks, the writing process, and how she facilitates the delivery of all letters between donor families and transplant recipients.



This will be an interactive hour which will inspire you!

Wednesday, September 2nd
3:00—4:00 pm

[*Click here to RSVP & receive Zoom meeting ID*](#)

Making A Living Donor Kidney Transplant Happen

Q & A Session via ZOOM



I the month of July we successfully completed 2 (two) Living Donor Transplants!!

These patients have been able to receive a healthy kidney much sooner than waiting on the transplant list! We strongly encourage our patients to share their story with their family, friends and community in the hopes of finding a living donor, which not only provides them with a healthy kidney, but it also allows someone else to move up on the waitlist!

We invite you to RSVP for a Question & Answer Session with transplant professionals to learn about how to make a *Living Donor Kidney Transplant Happen!*

Thursday, August 27th
Noon - 1:00 pm

[*Click here to RSVP & receive Zoom meeting ID*](#)

NATIONAL *Minority Donor* AWARENESS MONTH



What is National Minority Donor Awareness Month?

It is a collaborative initiative of to save and improve the quality of life of diverse communities by creating a positive culture for organ, eye and tissue donation.

- People of multiracial descent currently make up 60% of individuals on the national organ transplant waiting list.
- According to the National Kidney Foundation (NKF), African Americans/Blacks suffer from kidney failure at a significantly higher rate than Whites—four times higher.
- African Americans/Blacks represent 13.2% of the overall U.S. population and more than 35% of all patients in the U.S. receiving dialysis for kidney failure.
- These communities are in great need of more organ and tissue donors.

According to the United Network for Organ Sharing (UNOS), transplants can be successful regardless of the race or ethnicity of the donor and recipient.

Go to <https://www.donatelife.net/nmdam/> to learn more and register to become a donor!

Kidney Transplant Prescription Line



Are you out of refills or has your prescription expired?
Don't wait until you're completely out of medicine!

Call 302-623-3830

Staying Safe...

As the country and state continue the re-opening process, the best way to stay safe is to continue to follow the below guidelines.

- ✓ *Please continue to STAY AT HOME as much as possible!*
- ✓ *Do NOT visit friends and family, especially anyone hospitalized!*
- ✓ *As a transplant patient, YOU ARE CONSIDERED HIGH-RISK FOR INFECTION, so please wear a mask when going out.*
- ✓ *WASH YOUR HANDS with soap & water as frequently as possible, after touching doorknobs, elevator buttons or handrails. USE hand sanitizer only if you are unable to wash your hands with soap and water.*
- ✓ *AVOID TOUCHING YOUR FACE AT ALL TIMES! This is how the virus enters your eyes, nose or mouth.*
- ✓ *STAY AT LEAST 6 FEET AWAY FROM OTHERS WHEN IN PUBLIC.*
- ✓ *BE SAFE AND CONTINUE TO PRACTICE SOCIAL DISTANCING!*

If you would like to receive an update about our program,
please click on the below link...please share with others.

<https://christianacare.org/services/kidneytransplant/aboutus/newsletter-sign-up/>



If you would like to unsubscribe from this e-mail, [click here.](#)

