Available now!

Keep your meals exciting while advancing through your diet after Weight Loss Surgery!
Visit our website by clicking below.

Bariatric Surgery (Weight Loss Surgery) (christianacare.org)
Now available!

Easy access anytime to great information to assist you in your weight loss journey!

• Weight Loss Surgery Guide
• Life Skills Video Series
• Life Skills Packet
• Bariatric eRecipe Cookbook
• Monthly eNewsletters

Bariatric Patient Resources (christianacare.org)
October Support Group Topic

Dr. Joseph Danyo
Plastic Surgeon
presents
“Plastic Surgery Options After Weight Loss”
October 26, 2023 @ 6pm

Join Here
Registration Instructions:

• For New and Established Bariatric Patients
• Select one or more Support Group Meetings, click next at bottom of page
• Fill in your information, click next then submit
• You will receive in your email:
  • Confirmation with Zoom link
  • Zoom link the day before and two the day of the event
  • Survey for Aetna patients in your email 1 day after the event

Register Here!
Aetna patient?
Use this [link](#) to receive credit for Support Group attendance by completing the Survey!
Satisfy your urge for everything pumpkin by trying this recipe for Pumpkin Spice Power Bowl!
Need a good beginner workout?

Low Impact HIIT Workout for Beginners - 20 Min Beginner Low Impact Cardio HIIT No Jumping at Home - YouTube
Early detection saves lives!
Click here for information on screening, early detection, risks, prevention and diagnosis.
Join our team, #TeamLosetoWin or Donate Here!

Register Today!

**Date & Time**
- Sunday, October 8
- Event Opens - 7am
- Walk Starts - 8am

**Location**
- Tubman Garrett Park on the Riverfront
- Rosa Parks Drive
- Wilmington, DE
Join a diverse group to and make a difference in weight bias, access to care for obesity through education, advocacy and support!

- Get involved by joining the OAC Community!
- Join the Awareness Campaigns!
  - Your Weight Matters
  - Obesity Care Week
  - Stop Weight Bias Campaign
- Look for information on stopping wait bias, access to care and state resources!
Hi! My primary responsibilities are to get your insurance company to say "YES" or approve your bariatric surgical procedure, as well as process your FMLA documents. However, I wear many hats. Not only will you find me at my desk, on the phone discussing your case, but you may also find me at the Front Desk checking in patients coming to our other clinics, or you will find me on the phones in our department telephone room fielding phone calls and scheduling appointments.

In my spare time, I enjoy crafting, making seasonal door wreaths and copying DIY projects from watching You Tube videos. I am a mother of two adults, a grandmother of a 21-year-old and also a former bariatric patient.

Getting your case authorized and approved is a challenge. It entails developing a rapport with insurance company representatives from various parts of the U.S., patience, tenacity and organization to assure you get the approval you need to proceed with surgery.

I want our bariatric patients to know that from the time you come in our door, wheels are spinning on your behalf. I work with a phenomenal team of professionals ranging from our surgeons and nurses to our medical schedulers, medical and office assistants and office manager. I don't want to leave out the other clinical workers and administrators with this 'shout out'. Working in this practice continues to be an amazing experience. Whatever obstacles we face, we work through them together. To make your weight loss journey as seamless as possible. Daily I tell myself, "let's help someone today" and it never fails that I make someone's day. I am proud of the number of times I've made a call to you to let you know that you've been approved. I hear your excitement and sometimes nervousness about the next step in the process....we are behind you 100%!
Christiana Care Bariatric Surgery Program
Wilmington Surgical Services
Wilmington Hospital
501 W. 14th Street, Suite 2E15
Wilmington, DE 19801

Are you due for your yearly follow up visit?
Call us today at (302) 320-4175 to make your appointment!

Click here for our Bariatric Surgery Services website!
Click here to join our Facebook page!