

Bariatric Surgery Program

eNewsletter | May 2023

Support Group

Hear testimonials from Bariatric Surgery patients about their weight loss journeys!

Thursday, May 18, 2023 6-7pm

Join here!



Aetna patient?

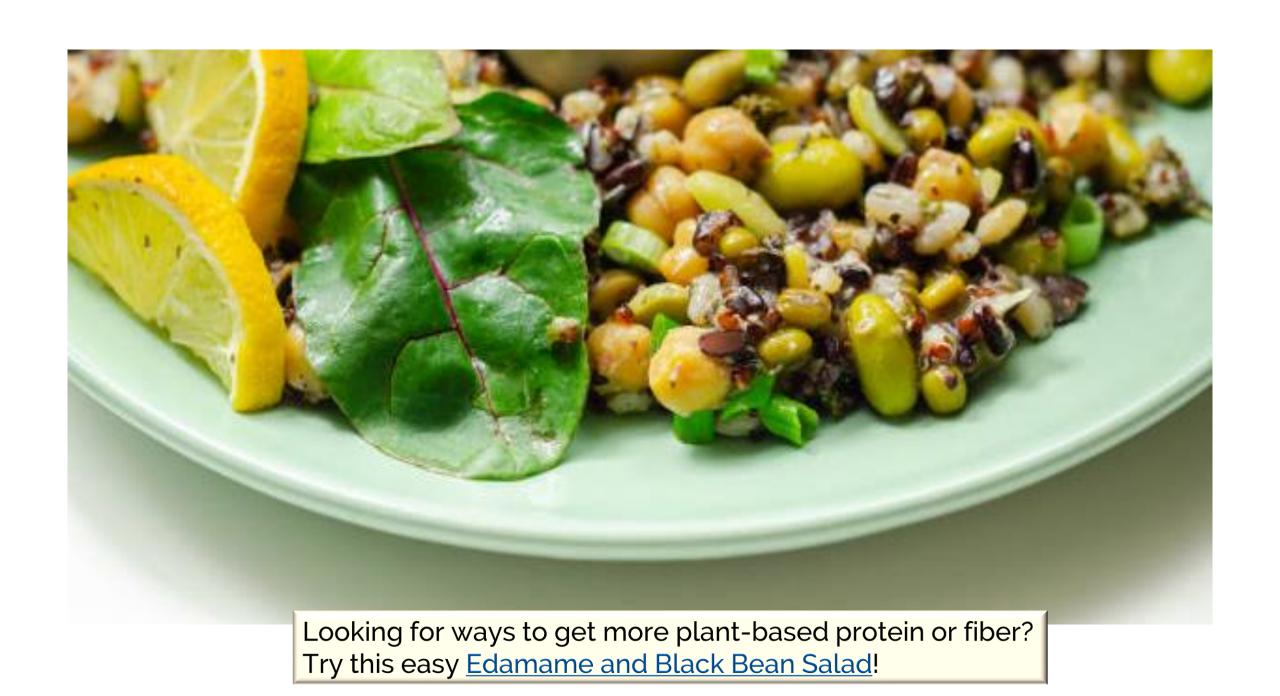
Use this <u>link</u> to receive credit for Support Group attendance by completing the Survey!

Bariatric Monthly Support Group



Registration Instructions:

- For New and Established Bariatric Patients
- Select one or more Support Group Meetings, click next at bottom of page
- Fill in your information, click next then submit
- You will receive in your email:
 - Confirmation with Zoom link
 - Zoom link the day before and two the day of the event
 - Survey for Aetna patients in your email 1 day after the event





Meet Our Team

Welcome!



Bonnie Chambers, NP-C Bariatric Nurse Practitioner

My name is Bonnie Chambers. I am the new Nurse Practitioner with Bariatric Surgical Services. I am very excited to be here and to get to know each one of you! I have been a nurse for almost 20 years. I began my career here at Wilmington Hospital as a floor nurse on one of our surgical units. After almost a decade, I obtained my Master of Science in Nursing from the University of Delaware and began the next stage of my professional career working as a nurse practitioner (NP). I have been a part of the general surgery and trauma team in the outpatient setting for around 6 years at the Newark campus. I am excited to be a part of this process with you! You all should be very proud of the work you are putting into improving your overall health. I know it isn't easy. I've dealt with my own health battles recently. I am proud to say I am now a breast cancer survivor, but it has been quite a battle getting there. I understand the struggles and the ups and downs when you are trying to fight for your future. And I want you all to truly know that I will be here along with every other member of this fabulous team that I am now lucky to be part of.

I am a mother to 2 amazing kids, Lily who is 10 and Liam who is 5. They are the lights of my life. I also like to travel, attend concerts, and the theatre. In fact, I like to do a little acting when I have the chance also. Please never hesitate to reach out to me. I look forward to being apart of this journey with you all!

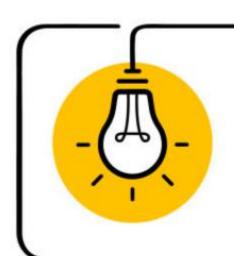


Get Involved
Take Action

Join a diverse group to and make a difference in weight bias, access to care for obesity through education, advocacy and support!

- Get involved by joining the OAC Community!
- Join the Awareness Campaigns!
 - Your Weight Matters
 - Obesity Care Week
 - Stop Weight Bias Campaign
- Look for information on stopping wait bias, access to care and state resources!

Home Page - Obesity Action Coalition



DID YOU KNOW?

- 1 in 5 Americans will develop skin cancer by age 70.
- Having 5 or more sunburns doubles your risk for melanoma
- When detected early 5-year survival rate is 99%

Visit the **Skin Cancer Foundation**:

- To find a dermatologist
- Skin Cancer Information
 - Risk Factors
 - Early Detection
 - Prevention
 - Treatments and Resources
- #SharetheFacts on social media to raise awareness
- #SkinCheckChallenge
- Spread the Word About the Big See Campaign
- Look for the Seal of Recommendation for accepted skin cancer prevention products



May SKIN CANCER AWARENESS MONTH



Christiana Care Bariatric Surgery Program Wilmington Surgical Services Wilmington Hospital 501 W. 14th Street, Suite 2E15 Wilmington, DE 19801

Are you due for your yearly follow up visit? Call us today at (302) 320-4175 to make your appointment!

Click <u>here</u> for our Bariatric Surgery Services website! Click <u>here</u> to join our Facebook page!

