

## **Bariatric Surgery Program** *e*Newsletter | **June 2023**



Support Group

Megan Lavery, Psychologist, discusses "Coping with Body Image Before and After Surgery" Thursday, June 15, 2023 6-7pm

Join here!



Aetna patient? Use this <u>link</u> to receive credit for Support Group attendance by completing the Survey!

#### Bariatric Monthly Support Group



### **Registration Instructions:**

- For New and Established Bariatric Patients
- Select one or more Support Group Meetings, click next at bottom of page
- Fill in your information, click next then submit
- You will receive in your email:
  - Confirmation with Zoom link
  - Zoom link the day before and two the day of the event
  - Survey for Aetna patients in your email 1 day after the event





Keep your family safe during grilling season! <u>Click here for safety tips!</u>





#### Need a dip for a cook-out this summer?

Try this high-protein dip paired perfectly with fresh cut vegetables or whole grain crackers. <u>Bariatric Recipes - Spinach Artichoke Dip</u> (bariatricfusion.com)



Get Involved Take Action

Join a diverse group to and make a difference in weight bias, access to care for obesity through education, advocacy and support!

- Get involved by joining the OAC Community!
- Join the Awareness Campaigns!
  - Your Weight Matters
  - Obesity Care Week
  - Stop Weight Bias Campaign
- Look for information on stopping wait bias, access to care and state resources!

Home Page - Obesity Action Coalition



# JUNE 2023 LGBTQIA+ PRIDE MONTH

Click <u>here</u> for info and activities held this month in different cities! Christiana Care Bariatric Surgery Program Wilmington Surgical Services Wilmington Hospital 501 W. 14<sup>th</sup> Street, Suite 2E15 Wilmington, DE 19801

#### Are you due for your yearly follow up visit?

Call us today at (302) 320-4175 to make your appointment!

*Click <u>here</u> for our Bariatric Surgery Services website! Click <u>here</u> to join our Facebook page!* 

