

CHRISTIANACARE

POLICY:	Resident/Fellow Prescribing of Controlled Substances
DEPARTMENT:	GMEC
DATE OF ORIGIN:	March 25, 2015
LAST REVISION DATE:	January 1, 2023
REGULATORY REFERENCE:	

PURPOSE:

To define the responsibility of residents and fellows regarding the prescribing of controlled substances. This policy does not apply to dispensing of controlled substances.

DEFINITION:

PATIENT refers to persons with whom a resident/fellow has established a physician-patient relationship as documented in the medical record.

CONTROLLED SUBSTANCE refers to any substance or drug in any schedule defined under the Controlled Substances Act, 21 U.S.C. § 812.

SCOPE:

All graduate medical/dental education programs at CC.

PROCEDURE:

1. ChristianaCare shall obtain an institutional DEA license for residents and fellows (those employed by ChristianaCare) to use when prescribing controlled substances as part of their responsibilities under a ChristianaCare graduate medical education training program or rotation. A CC resident/fellow shall use the institutional DEA license of the host organization when he/she participates in a rotation at another organization or program. A non CC resident/fellow, must use home hospital DEA license, or use their personal DEA license in order to write prescriptions when he/she is participating in a rotation at CC.
2. Each resident/fellow shall be assigned a unique three-digit identification code to attach as a suffix to the institutional license number.
3. A resident/fellow may use a ChristianaCare-specific DEA number only to prescribe controlled substances to patients (as defined above) in his/her capacity as a resident/fellow and as part of the curriculum when under direct or indirect supervision for a patient cared for in ChristianaCare's facilities and practices.
4. A resident/fellow should not prescribe controlled substances for his/her own use, or for use by members of his/her family. Resident/fellows may not prescribe controlled substances for use by coworkers, peers or friends with whom they do not have a physician-patient relationship.
5. A resident/fellow shall only prescribe appropriate controlled substances to individual patients in accordance with their medical conditions. Residents/fellows shall document the reason (i.e., diagnosis and plan of treatment) for each prescription of a controlled substance in the patient's medical record.

6. All residents/fellows shall strictly follow State of Delaware regulations when prescribing controlled substances.
<http://regulations.delaware.gov/AdminCode/title24/Uniform%20Controlled%20Substances%20Act%20Regulations.pdf>

Moonlighting Activities

If a resident/fellow practices outside ChristianaCare facilities, the resident/fellow must obtain his/her own individual DEA number. Obtaining an individual DEA number is considered a professional responsibility and will not be paid for by ChristianaCare.

Misuse of DEA Numbers

Misuse of any DEA number (any prescribing of controlled substances not in accordance with this policy) will be reported directly to the pertinent program director and the Designated Institutional Official (DIO) and may result in disciplinary action up to and including dismissal from the residency/fellowship program.

SIGNATURES/APPROVALS:



Reviewed 1/2/2025

DO, FACP, FAAP

Associate Designated Institutional Official